# 2024 Jackson Cross Country

It's time to register for Jackson Cross Country! We welcome all 3rd, 4th, and 5th grade runners and non-runners. <u>Registration, forms, and uniform orders are due on</u> 8/22!

Informational Meeting: Tuesday, 8/20 at 6:00PM in the Jackson Library

# Register your child to participate here:

Or use link on Jackson XC website

## Due by 8/22!



#### **Practices:**

- First practice Tuesday 9/3 at 8:00AM. Meet in front of the Ruppel Center
- Mondays and Fridays at 8:00AM from 9/6 to 10/18
- Special practice days:
  - 9/13 in house home meet (practice for our first meet)
  - 10/4 Jog-a-thon (kids earn key chain charms)
  - 10/18 team party

## Meets:

- Wednesday 9/18 at 3:30PM at Silva Valley
- Wednesday 9/25 at 3:30PM at CSD (Jackson hosts)
- Wednesday 10/2 at 3:30PM at CSD (Lakeview hosts)
- Wednesday 10/9 at 3:30PM at California Montessori Project

## <u>Finals:</u>

- Wednesday 10/16 at 3:30PM at Placerville Fairgrounds
- Must run a qualifying time AND be in top 7 in their grade/gender group

# Required forms - due by 8/22!

- Sports forms packets can be picked up in the office or printed off from the Jackson website
- All forms must be returned to the office by 8/22
- Sports physicals must be completed before your child can practice

Questions? Contact Becky Miller at rebeccawunder@gmail.com